

# Healthy, equal relationships

## Tips for Boys

**What person do you want to be?**

Challenge the gender stereotypes around you.

**What kind of boyfriend do you want to be?**

Show respect and you'll get respect.

**Communicate.** Share your thoughts and listen.

**Relationships have ups and downs,**

**but ...** things can be worked out without abuse.

**Do your thing.** You need your own space and interests.

**It's no joke!** Speak up if you notice someone disrespecting girls.

**Be aware.** Know about the warning signs of abuse.

**Be a role model.** Set a positive example for younger boys.

**Be a leader.** Start discussing healthy, equal relationships with your friends and family. Make a difference!

**Play RePlay at**  
**[www.metrac.org](http://www.metrac.org)**

